



Services

KAHUNA MASSAGE & BODYWORK

PREGNANCY MASSAGE

BONE & JOINT MASSAGE

BOWEN THERAPY

REIKI

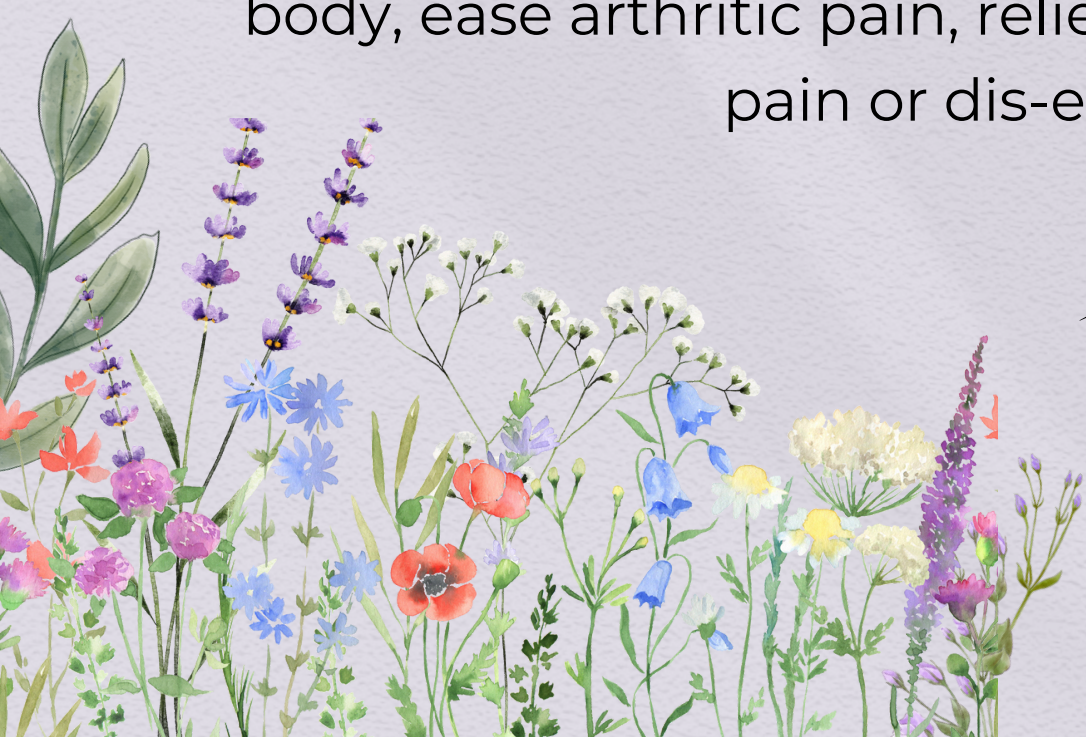
☯ 1hr \$90 ☯ 1.5hr \$140 ☯ 2hr \$180

KaHuna massage is a therapeutic & deeply relaxing, flowing massage that encases you in a loving, healing Aloha hug with every rhythmic movement using hands, forearms & elbows. This ancient Hawaiian practice was used by the KaHuna's (teacher, wisdom holder, master of) often practiced in ceremonies, like coming of age for both boy & girls, pregnancy etc.

Strengthening connection & consciousness between mind body & soul.

This beautiful massage works with you. It can be gentle or firm & remedial, depending on your bodies needs & requirements. I channel in Reiki energy with every session & follow my intuition with every massage, bringing in Bowen Therapy if required to assist in the balance & realignment of your structural body.

Give your body permission to go into deep relaxation & healing, where you can experience relief from tight, tired muscles, headaches, improved circulation, quieting of the noise in your mind, calm the nervous system, flush the lymphatic system to assist in detoxing the body, ease arthritic pain, relieve swelling, release suppressed emotions that may be causing pain or dis-ease within the body or mind & so much more..



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Sav's Holistic Healing

